

Friday 3<sup>rd</sup> September 2021



*“Secular education is for making a living;  
whereas **spiritual education** is for reaching the **goal of life**.  
True education is that which is suffused with **Truth and Love**.”*

*~ Sathya Sai (20-11-2002)*

Dear All,

It is a real joy and heartfelt experience to share our first-ever online training of the **Sathya Sai Education in Human Values (SSEHV)** programme **Course 1** in English with you all.

As you may recall, SSEHV is a universal, values-based, integral educational programme for teachers, parents and students that cultivates and promotes Human Values common to all cultures and faiths. It may be applied in all levels of education, both formal and informal. Rooted in the philosophy of Educære, SSEHV aims at stimulating the emergence of the positive qualities, talents, and potential of goodness latent in the hearts of all human beings based on the firm conviction that true education is a life-long learning process whereby human excellence and Self-knowledge is its ultimate purpose.

Course 1 of the SSEHV programme – Introductory Level, is open to any person interested in getting familiarised with the essential spiritual principles of Sathya Sai Philosophy and in applying them in their personal, family, and professional lives, especially in the field of education. It is offered free of charge. Course 1 consists of 3 Modules.

We have already covered Module 1 from February to June 2021, and we are happy to now continue this beautiful **Sathya Sai Educære Online Course 1** journey by starting with **Module 2**. Just like with Module 1, Module 2 will include a combination of both theoretical presentations and practical workshops with active involvement of all participants. It will be offered in 16 two-hour sessions taking place every alternate Saturday commencing in October 2021 until June 2022. We will have a one-month break during Christmas and another one-month break during Easter.

Below are further details on the duration, schedule, and exact dates of the sessions of the second part of this online training programme corresponding to Course 1 – Module 2.

**Duration:** from Saturday 2<sup>nd</sup> October 2021 to Saturday 4<sup>th</sup> June 2022

**Schedule:** from 10:00 a.m. to 12:00 noon Central European Time (C.E.T.)

### Dates of 16 Sessions of COURSE 1 – MODULE 2:

- S1: Saturday **2<sup>nd</sup> October 2021** *The Pedagogy of SSEHV: Integral Education*
- S2: Saturday **16<sup>th</sup> October 2021** *An Environment and Culture of Love*
- S3: Saturday **30<sup>th</sup> October 2021** *The Teacher as an Exemplar of Human Values*

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- S4: Saturday **13<sup>th</sup> November 2021** *The 5 Ds: Dedication, Devotion, Discipline  
Discrimination & Determination*
- S5: Saturday **27<sup>th</sup> November 2021** *The Triple Partnership*

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- S6: Saturday **11<sup>th</sup> December 2021** *The Integral Relationship of the Human Personality  
& Human Values*

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- CHRISTMAS BREAK*

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- S7: Saturday **15<sup>th</sup> January 2022** *The 5 Teaching Techniques*
- S8: Saturday **29<sup>th</sup> January 2022** *Silent Sitting*

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- S9: Saturday **12<sup>th</sup> February 2022** *Storytelling*
- S10: Saturday **26<sup>th</sup> February 2022** *Prayers / Quotations*

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- S11: Saturday **12<sup>th</sup> March 2022** *Group Activities*
- S12: Saturday **26<sup>th</sup> March 2022** *Group Singing*

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- S13: Saturday **9<sup>th</sup> April 2022** *Creating a Lesson Plan*

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- EASTER BREAK*

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- S14: Saturday **7<sup>th</sup> May 2022** *Other Compatible Strategies*
- S15: Saturday **21<sup>st</sup> May 2022** *The 3 Teaching Approaches: Direct, Indirect, Co-curricular*

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- S16: Saturday **4<sup>th</sup> June 2022** *Summary of Module 2*

Like before, Course 1 – Module 2, including its theoretical presentations as well as the practical workshops, will be delivered by an experienced team of qualified trainers of the ISSE SE. We will continue to use the online platform Zoom.

Just as a reminder, after completing the attendance to sessions of all three modules, all participants who would like to obtain the Course 1 Certificate formally issued by the ISSE SE will need to prepare a presentation on one of the topics covered in Course 1 based on their own personal self-inquiry and practice as well as a lesson plan reflecting the ability to implement the SSEHV programme in a practical educational environment. For this, participants will be assigned a tutor from the team of qualified ISSE SE trainers. At the end of this letter, for your reference, you may find the syllabus and topics of all three modules of Course 1 once again.

We thank you very much for your loving attention to this letter and look forward to being with you all virtually, heart-to-heart, very soon. For any further clarification needed or for any question you may have, please do not hesitate to contact us writing at [isse.southeurope@gmail.com](mailto:isse.southeurope@gmail.com)

With Love and warm regards,

**George Bebedelis**

**ISSE SE, Director** (on behalf of the ISSE SE Coordinating Team)

# Course 1 Syllabus & Topics

## Module 1

- The Philosophy of Sathya Sai Educære
- The 5 Human Values (*Truth, Righteousness, Peace, Love & Nonviolence*) and their Interrelation
- The Cultivation of Character
- The Life, Work and Teachings of Sathya Sai Baba
- The History of Sathya Sai Education in Human Values

## Module 2

- The Pedagogy of Sathya Sai Education in Human Values: Integral Education
- An Environment and Culture of Love
- The Teacher as an Exemplar of the Human Values
- The 5 Ds: Dedication, Devotion, Discipline, Discrimination and Determination
- The Triple Partnership
- The Integral Relationship of the Human Personality and Human Values (*Part 1*)
- The 5 Teaching Techniques (*Part 1*) and Other Compatible Teaching Techniques
- The 3 Teaching Approaches: Direct, Indirect and Co-curricular (*Part 1*)

## Module 3

- The 5 Human Values from the Perspective of the Major Religions, Relevant Local Culture and National Education Priorities and Policies (*Part 1*)
- The Core Tenets of Sathya Sai Education (*Part 1*)
  - 3HV: Unity of Head, Heart and Hands
  - Unity in Diversity
  - Unity of Faiths
  - Ceiling on Desires
- Selfless Service and Service Projects

